



COUNSELLING SERVICES

Empowering Every Learner: Guidance & Wellness Services Report Academic Year: 2025-2026

1. Introduction

The Philippine School Abu Dhabi (TPS-AUH) affirms that student wellbeing and happiness are essential foundations for academic excellence, in alignment with ADEK Student Wellbeing and Safeguarding Framework.

The Guidance, Inclusion, and Happiness Department is committed to providing a safe, inclusive, and student-centered environment where every learner is supported academically, socially, and emotionally. This report outlines the key services and initiatives implemented to promote holistic student development and continuous improvement.

2. Comprehensive Student Profiling and Assessment

The department implements systematic student profiling through collaboration with the Assessment Department. Standardized testing, diagnostic assessments, and academic data are utilized to identify learners' strengths, needs, and learning styles.

These data-driven insights enable personalized counseling, targeted interventions, and effective support strategies, aligning with ADEK priorities on student progress and inclusion.

3. Information and Orientation Services

The Guidance Department provides structured information services to ensure that students and parents are well informed. This includes career bulletin boards, academic orientations, and policy briefings.

Regular orientation sessions support understanding of academic pathways, including Senior High School and tertiary education options, ensuring informed decision-making and alignment with ADEK expectations on stakeholder engagement.

4. Stakeholder Collaboration and Engagement

Strong partnerships between school and home are fostered through regular Parent-Teacher Conferences and "Coffee Meetings." These platforms provide opportunities to discuss student progress, wellbeing, and developmental needs.

This collaborative approach strengthens shared responsibility and aligns with ADEK's Parent Code of Conduct and stakeholder engagement standards.

5. Wellbeing and Preventive Programs

The department implements proactive and preventive wellbeing initiatives that promote a positive and inclusive school climate.

Key programs include:

- Bullying Prevention Campaigns (e.g., Blue Shirt Day and awareness activities)
- International Day of Happiness initiatives promoting empathy and positive relationships

These programs support ADEK's wellbeing, safeguarding, and positive behavior frameworks.

6. Transitional Support and Admission Services

The department provides structured support for students undergoing key academic transitions, particularly from Grade 10 to Senior High School, as well as for university preparation.

Guidance services ensure that students receive clear information, counseling, and procedural assistance, enabling smooth transitions and reducing anxiety, in line with ADEK's focus on student readiness and progression.

7. Developmental Counseling Services

The Guidance Department offers comprehensive counseling services that address students' academic, social, and emotional needs.

Services include:

- Individual and Group Counseling sessions
- Student interviews and consultations
- Open-door policy for voluntary support and mentoring

These services promote resilience, emotional wellbeing, and personal growth, consistent with ADEK safeguarding and student support requirements.

8. Career Guidance Program: "DREAM Pathways"

The Career Awareness Program supports students in exploring future academic and career opportunities.

Key initiatives include:

- Career dress-up activities (e.g., "My Bright Future")
- Guest speaker sessions with industry professionals
- Career fairs and exposure programs

These initiatives develop students' aspirations, decision-making skills, and global readiness, aligning with ADEK's vision for future-ready learners.

9. Behavioral Monitoring and Follow-Up Services

The department implements systematic monitoring of student attendance and behavior in collaboration with Class Advisers and the Prefect of Discipline.

Follow-up interventions, guidance sessions, and feedback mechanisms help students develop positive habits, responsibility, and self-discipline. This supports ADEK expectations on student conduct, attendance, and wellbeing.

10. Conclusion

The Guidance and Counselling Services of TPS-AUH serve as a key pillar in promoting student wellbeing, safeguarding, and holistic development.

Through data-driven practices, collaborative engagement, and proactive interventions, the department ensures alignment with ADEK standards and contributes to a positive, inclusive, and high-performing school environment. The academic year 2025–2026 reflects a continued commitment to excellence, care, and student success.